

Physical Education

GCSE OCR or BTEC
Sport

Course Outline for Year 9:

Year 9 will provide a foundation on which to build the practical and theoretical skills in Year 10. Students will study:

Project 1 – Research methods through Health Fitness and wellbeing, physical training and use of data.

Project 2 – Practical skills through the exploration of team sports.

Project 3 – Skeleton.

Revision skills and techniques – working towards end of year mock examination.

Weightings:

Students are taking the OCR GCSE in Physical Education (J587) or Level 2 BTEC Sport. The GCSE comprises two one hour exam papers, which will be taken at the end of Year 11, three practical performances and an analysis of performance area.

60% Theory - Examination: Two papers, each worth 30% of the final grade.

40% Practical. Performance in Physical Education in 3 different areas and an Evaluating and Analysing Performance (EAP) section.

The BTEC comprises 4 units, 3 assessed through written coursework and 1 online test.

What students should be doing to achieve:

- Attend extra curricular sport clubs and out of school sports clubs to boost practical performance, participate in ALL practical lessons.
- It is important that students have up-to-date, complete and detailed notes. Students must keep *all* notes/handouts/booklets and folders from the start of the GCSE course, as these will be their main resource for revision in Year 11.
- Full attendance to all lessons is vital. There is a large amount of content and practical work to cover, and missing even one lesson can have an impact.
- We always encourage students to do extra reading and research around the topics they are studying including analysing sporting performance.
- Students should treat every homework, and every practice question (including end of year exams) as if they were part of a real exam.

How parents / carers can help students achieve:

- Ensure they bring kit to every practical P.E lesson.
- Ask your child to tell you what they are studying. Encourage them to explain the topics – get them to teach you, in other words.
- Ask your child what his/her Minimum Expected and Target Grades are – can they demonstrate to you that they are on track to meet these grades? (For example, marks for practice questions, practical marks, end of year exam results.)
- Help with revision for tests. Borrow your child's book or folder and ask them questions to test their knowledge.

Support and Interventions available at school:

- Extra curricular sports clubs.
- Each student will be provided with materials to support their learning, revision and progression during the course.
- We do our best to make ourselves available to students who seek our help.

Dates to make a note of:

- **Project 1 deadline:** Friday 28th October
- **Project 2 deadline:** Friday 6th January
- **Project 3 examination:** Week beginning Monday 5th June
- **End of year exams:** Monday 12th June – Friday 16th June [date TBC]

Who I can contact for further advice / help:

Please do not hesitate to contact Mrs Mykolyszyn-Wright, Mr D'Arcy or Miss Brighton if you have any questions, or for further information and advice.

