

# Cambridge National Certificate Sport Studies

OCR

## General information

Sport, health related fitness and exercise is a fast evolving industry that is creating lots of opportunities in a variety of different roles. Sport Studies can be chosen in addition to core Physical Education and is designed to encourage personal participation and performance in a range of sport activities. Not only will students have the opportunity to develop performance skills, but also their communication, problem solving, planning and team-working skills. The course provides a good foundation for both post-16 progression or employment.

## How is the course assessed?

Through a combination of an external exam and internally assessed coursework covering 4 units.

**Unit RO51: Contemporary Issues in Sport.** Eternally assessed via a written exam.

**Unit RO52: Developing Sports Skills**

**Unit RO53: Sports Leadership**

**Unit RO54: Sport and the Media**

With a strong emphasis on scenario based learning, students are given the opportunity to display their knowledge and understanding in practical but realistic activities that challenge and extend their learning and prepares them for further studies or employment.

## Who's it for?

You should give this course serious consideration if:

- You have an enjoyment of and an interest in sport
- You have a good understanding of English written skills
- You regularly participate in sport and P.E. lessons
- You are thinking of a career in the sport or leisure industry
- You have a desire to inspire and lead others to be fit and active
- You want to achieve excellence in your own sporting performance.
- You have an interest in the wider issues around sport and how sport is reported in the Media

## Progression

By obtaining a Cambridge National Certificate in Sport Studies you can progress on to level 3 related vocational qualifications such as the Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity . The course develops the transferable skills and key skills that employers are looking for and can lead to a wide variety of employment opportunities. This can include training in such areas as recreational management, physiotherapy, leisure activities, teaching, coaching, officiating, sports development, the fitness industry and the armed forces.

