

# THE CITY HERALD

## EXPLORING THE SOCIAL MICROCOSM

IS THE DYNAMICS OF 'I'M A CELEBRITY GET ME OUT OF HERE' AS A REFLECTION OF SOCIETY?

Dev S | Y12

This reality show is like a little world within itself, bringing together a diverse group of celebrities who are forced to face various challenges in a confined space. Just like in our society, these celebrities come from different backgrounds, have unique personalities, and bring their own set of skills and experiences to the table. It's fascinating to see how they interact, form alliances, and navigate through the ups and downs of camp life. In this microcosm, we witness the complexities of human relationships and the dynamics that arise when individuals are placed in unfamiliar and demanding situations. It's a captivating social experiment that sheds light on how people handle pressure, communicate, and collaborate. The show often highlights the importance of

teamwork, as the celebrities must work together to complete tasks and overcome obstacles. This mirrors the real world, where cooperation and collaboration are essential for success in various aspects of life.

Moreover, "I'm A Celebrity Get Me Out of Here" showcases the diverse range of emotions that can arise in a confined environment. We witness moments of joy, laughter, frustration, and even conflict. These emotional experiences reflect the rollercoaster of emotions we all go through in our everyday lives. It's relatable and reminds us that even celebrities, who seem larger than life, are human beings with their own vulnerabilities and emotions.

The challenges faced by the celebrities on the show can

also serve as metaphors for the challenges we encounter in society.

"I'm A Celebrity Get Me Out of Here" also sparks conversations and debates among viewers, making it a reflection of the broader society. People discuss the actions and decisions of the celebrities, forming opinions and engaging in discussions about topics such as leadership, teamwork, and personal values. This highlights the show's ability to captivate and engage its audience, just like society's fascination with the lives of celebrities.

"I'm A Celeb" serves as a microcosm of society by bringing together a diverse group of celebrities and subjecting them to challenges that mirror real-life situations.

## TABLE OF

# CONTENTS

1. EXPLORING THE SCIOAL MICROCOSM | REALITY TV
2. CONTENT PAGE
3. EMPOWERING LIVES FOR 17 YEARS | ONE NEPAL
4. INSIDER INSIGHTS | Y12 TO Y11
5. TEACHER'S PET | ELLA AND MISS PATEL
6. TEACHER SPOTLIGHT | MR AUSTIN
7. TEACHER SPOTLIGHT | MR AUSTIN
8. NHS - FROM CRADLE TO GRAVE
9. TEACHER SHOUTOUTS
10. STUDENT SPOTLIGHT | POETRY
11. ARTIFICIAL INTELLIGENCE
12. STUDENT SPOTLIGHT | POETRY
13. RISE OF THE RUBIX
14. LEGENDARY WORDSMITH | BENAJMIN ZEPHNAH
15. SPECIAL THANKS
16. ADVERT FOR THE CITY HERALD



# EMPOWERING LIVES FOR 17 YEARS CULTIVATING HOPE AND UNITY



**PARMPREET | Y12**

The orphanage are able to do this with support from us and various other charities. This is a testament to the collaborative effort that goes into making a positive impact. It clearly shows us how communities can come together for a positive impact. It's heartening to know that there has been significant progress at the orphanage in Nepal, leading to improved lives for the children.

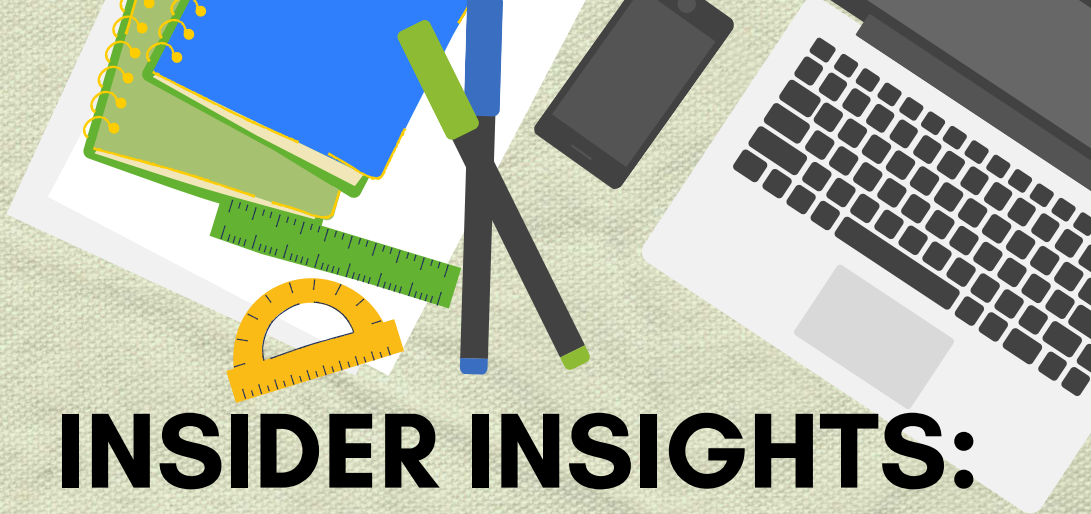
The One Nepal Team are introducing initiatives; organizing a culture day for the school and holding a grand iftar during Ramadan contribute to creating a supportive community but also raise awareness about the charity's mission. These events can foster a sense of unity and solidarity among our student body and the broader community. If you would like to support Miss Khan - please email her at [akhnan@tcolc.aspirelp.uk](mailto:akhnan@tcolc.aspirelp.uk)

It's wonderful to hear about the impactful work that "One Nepal" has been doing for the past 17 years. Miss Khan (in social science) and the team's dedication to improving the lives of vulnerable children in Nepal is truly commendable. Her passion and dedication to support this charity has completely transformed the lives of many children. The focus on providing basic necessities such as food, housing, and education aligns with a holistic approach to supporting these children.

Miss Khan and her team of sixth form students are able to fundraise each year and because of this; children in the orphanage are able to showcase their talents, hobbies and things that we take for granted.







# INSIDER INSIGHTS:

**YEAR 12 STUDENTS SHARES CRUCIAL GCSE TIPS FOR SUCCESS**

- Start from now. Taking things bit by bit instead of cramming last minute is the ultimate key to getting the top grades.
- -Push yourself to the max. To do your best, you need to be able to push yourself and do questions that make you uncomfortable, so you can identify your gaps in your learning and fill them in.
- Get a grip!
- Find what works for you. Finding out information about yourself such as what type of learner you are and what study methods work for you will help you cut down the time you take for studying.
- Rest, and don't burn yourself out. You cannot remember things as efficiently when you are worn out. Remember to give yourself an activity that you like to relax with, drink a lot of water and get those eight hours of sleep.

## **YOUTUBE CHANNELS WE RATE**

**SCIENCE | FREE SCIENCE LESSONS**

**SCIENCE AND MATHS | COGNITO**

**PHYSICS | SCIENCE SHORTS**

**PHYSICS | PHYSICS ONLINE**

**MATHS | MATHS GENIE**

**ECONOMICS | TUTOR2U**

**MATHS | GCSE MATHS TUTOR**

**ENGLISH | MR**

**EVERYTHINGENGLISH**

**ENGLISH | MR SALLES**

**ENGLISH | MR BRUFF**

**COMPUTER SCIENCE | CRAIG 'N' DAVE**

**GEOGRAPHY | MRS GEOGRAPHY**

**DEV S. PARMPREET M,  
BENAN M | Y12**



# teachers Pet

A new addition to The City Herald. This feature allows us to get to know our teachers' furry friends. This term, we got to know Miss Patel's dog. If you would like to see a teacher's pet or you know a teacher that would love to share - please let us know on . If you would like to see a teacher's pet or you know a teacher that would love to share - please let us know on [herald@tcolc.aspirelp.uk](mailto:herald@tcolc.aspirelp.uk)

**Parmpreet:** What is the dog's name and what breed and gender is it?

**Miss Patel:** My dog is female and I named her Ella. She is a labrador retriever.

**Parmpreet:** What does the dog like to do?

**Miss Patel:** Ella is obsessed with balls, she is an excellent catcher.

**Parmpreet:** What does the dog like to play with?

**Miss Patel:** Ella is an expert thief of socks and slippers. She loves to play and walk.

**Parmpreet:** Is there anything else you like about your cat/what is special about it?

**Miss Patel:** What I like about Ella..... she is my hiking companion, study buddy and stress reliever.



## Ella

### THINGS YOU DIDN'T KNOW ABOUT LABRADORS

#### Exceptional Swimmers

Labradors are renowned for their exceptional swimming abilities. Not only do they possess a water-resistant double coat, but they also have webbed feet, making them powerful swimmers.

#### Incredible Sense of Smell

Labradors have an extraordinary sense of smell, which is a trait that contributes to their success as search and rescue dogs, as well as in various detection roles.

#### Retriever Origins

Labradors were originally bred in Newfoundland, Canada, as working dogs for fishermen. They were specifically trained to retrieve fishing nets and catch that escaped into the icy waters.

#### Versatile Athletes

Labradors are known for their athleticism and versatility. Their high energy levels and intelligence make them easy to train and engage in a wide array of activities,

# TEACHER SPOTLIGHT

FOR EACH EDITION OF THE STUDENT NEWSPAPER, WE WILL SHINE A SPOTLIGHT UNDER SOME OF OUR TEACHERS. TODAY, WE INTERVIEW MS HAMMONDS. IF YOU WANT YOUR FAVOURITE TEACHER UNDER THE SPOTLIGHT NEXT -

EMAIL US AT [HERALD@TCOLC.ASPIRELP.UK](mailto:HERALD@TCOLC.ASPIRELP.UK)



## MR AUSTIN



**MARYAM: WHAT WAS YOUR FAVOURITE SUBJECT WHEN YOU WERE AT SCHOOL?**

MR AUSTIN: I LOVE PROBLEM SOLVING SO REALLY ENJOYED MATHS, BUT I AM A VERY PRACTICAL PERSON SO SCIENCE, PE, MUSIC AND WOODWORK. OUT OF ALL OF THEM PE WAS MY FAVOURITE

**ALAYNA: THIS QUESTION HAS BECOME A BIT OF A TRADITION FOR THE CITY HERALD, WHAT DO YOU THINK ABOUT PINEAPPLE ON PIZZA?**

MR AUSTIN: FIVE YEARS AGO I WOULD SAY IT WAS THE WORST THING IN THE WORLD. BUT ONE OF MY CHILDREN DECIDED THEY WANTED TO TRY IT, SO I GAVE IT AGO AS WELL. NOW I FEEL ALL PIZZA SHOULD HAVE PINEAPPLE ON IT!

**MARYAM: WHAT DO YOU THINK ARE QUALITIES THAT EVERY TEACHER SHOULD HAVE?**

MR AUSTIN: I THINK ALL TEACHERS NEED TO BE RELATABLE, FIRM, FAIR AND HONEST. IF A TEACHER HAS ALL OF THESE QUALITIES THEY WILL FORM GREAT RELATIONSHIPS WITH THEIR STUDENTS, WHICH WILL PROVIDE A SAFE ENVIRONMENT FOR THE STUDENTS TO TAKE RISKS AND LEARN WITHOUT FEAR OF FAILURE.

**ALAYNA: WHAT IS YOUR FAVOURITE SPORT?**

MR AUSTIN: I LOVE ALL SPORTS AND ALWAYS WILLING TO TRY NEW SPORTS. BUT FOOTBALL IS MY ALL TIME FAVOURITE

**WHAT FOOTBALL TEAM DO YOU SUPPORT AND WHY?**

LEICESTER!!! WHY NOT????

# TEACHER SPOTLIGHT

**MARYAM: IF YOU HAD TO TEACH ANOTHER SUBJECT OTHER THAN WHAT YOU TEACH NOW WHAT WOULD IT BE AND WHY?**

MR AUSTIN: MORE PE. I'VE TAUGHT LOTS OF DIFFERENT SUBJECTS BUT IF I HAD TO CHOOSE A NEW ONE IT WOULD BE ART.

**ALAYNA: WHAT SKILLS AND QUALITIES HAVE YOU BUILT AND GAINED THROUGH BECOMING A TEACHER?**

MR AUSTIN: PATIENCE. AND UNDERSTANDING.

**MARYAM: WHAT ADVICE WOULD YOU GIVE TO THE STUDENTS OF THE TCOLC COMMUNITY?**

MR AUSTIN: MAKE THE MOST OF YOUR TIME IN SCHOOL, YOU ONLY GET ONE OPPORTUNITY AT SECONDARY SCHOOL SO MAKE THE MOST OF IT, DON'T WASTE TIME TRYING TO IMPRESS YOUR FRIENDS DURING LESSONS. YOU'RE IN LESSONS TO LEARN.

**ALAYNA: IF YOU WERE A STUDENT AGAIN WHAT WOULD BE THE FIRST THING YOU'D DO?**

MR AUSTIN: GO TO MR COOKS LESSON, (I KNOW. I DON'T LOOK OLD ENOUGH AND HE DOESN'T LOOK TALL ENOUGH, BUT HE DID TEACH ME). THEY SAY YOU LEARN BEST WHEN YOU ARE HAVING FUN, AND MR COOKS LESSON MOST DEFINITELY WERE FUN.

**MARYAM: IF YOU COULD RECOMMEND A TV SHOW TO WATCH, WHAT WOULD IT BE AND WHY?**

MR AUSTIN: ANYTHING BY DAVID ATTENBOROUGH. HE IS SOOO CALMING AND FASCINATING AND INFORMATIVE. HES GOT IT ALL. BUT MOSTLY THE BLUE PLANET SERIES. I LOVE THE OCEAN

**ALAYNA: IF YOU OVERSAW THE SCHOOL WHAT WOULD BE ONE THING YOU WOULD CHANGE?**

MR AUSTIN: OOOOOO! THAT'S A DIFFICULT ONE. I LOVE THE AMERICAN STYLE OF SPORTS BEING A BIG PART OF SCHOOL LIFE, AND I WOULD LOVE TO SEE THAT TRANSFERRED TO THE ENGLISH SYSTEM

**MARYAM: IF YOU HAD THE CHOICE TO GO TO THE PAST OR FUTURE WHICH ONE WOULD IT BE?**

MR AUSTIN: PAST DEFINITELY! . I'D LOVE TO GO TO LIKE 600 BC. TO SEE THE EGYPTIANS. GEEKS, ROMANS, ASSYRIANS, BABYLONIANS, PERSIAN, MAYAN CIVILISATIONS IN ALL THEIR GLORY.



# NHS

## CRADLE TO GRAVE: UNIVERSAL HEALTH FOR ALL.

The National Health Service (NHS) in the United Kingdom, a groundbreaking institution globally, came into existence on July 5, 1948, under the visionary leadership of Health Minister Aneurin Bevan. This marked a pivotal moment in the country's history, transforming healthcare accessibility for all.



In the aftermath of World War II, Britain faced the daunting task of rebuilding not just its physical infrastructure but also its social fabric. The Beveridge Report of 1942 laid the groundwork for a comprehensive welfare state, advocating for a system that would

provide healthcare "from the cradle to the grave." Aneurin Bevan, a driving force behind the Labour government's commitment to social reform, translated these ideals into reality.

The NHS was established as a publicly funded healthcare system, financed through taxation, and designed to be free at the point of use. It aimed to eradicate the financial barriers that had previously restricted access to medical care. This monumental shift in healthcare philosophy aimed to ensure that every citizen, regardless of their economic status, could receive the medical attention they needed.

### LARGEST PUBLICLY FUNDED HEALTH CARE SYSTEM

On its launch day in 1948, the NHS became the largest publicly funded health service in the world. It symbolized a commitment to the well-being of the nation and reflected the belief that healthcare is a fundamental human right. The NHS's creation laid the foundation for modern healthcare systems, inspiring similar initiatives worldwide and standing as a testament to the power of collective responsibility in the pursuit of public health. The NHS plays a crucial role in emergency response and critical care. Whether it's accident and emergency services or urgent medical interventions, the NHS is there 24/7, saving lives and offering support during times of crisis.

The NHS is a hub for medical research and innovation. It fosters an environment where advancements in healthcare are continually pursued, contributing to medical breakthroughs that benefit not only the UK but also the global community.

In essence, the NHS is a testament to the idea that healthcare is a right, not a privilege. Its existence reflects a commitment to the health and welfare of the entire population, making it a source of gratitude for individuals and the nation as a whole.





# teacher shoutouts

As we reach the end of another year and we say goodbye to 2023 - we thought it might be nice to give some shoutouts to some teachers who go above and beyond every single day. If you would like to give your teacher a shoutout - email us at [herald@tcolc.aspirelp.uk](mailto:herald@tcolc.aspirelp.uk)

## Mr Cook

### **Science**

For always having a smile on his face not matter the day. You walk in to his classroom and he will always be smiling.

## Mr Van Wyk

### **Geography**

For making every lesson an enjoyable one. From Y7 to Y13, every lesson is great! Thanks Sir!

## Mr Graves

### **ADT**

for always being so supportive and making ADT so much fun.

## Mrs Ismail

### **Social Science**

For always been so supportive and patient with every student. Your explanations are really helpful. Thank you!

## Ms Musa

### **English**

For always making English so much fun. The work on Myths and Legends was good and everyone loved it.

## Mr Rana

### **Head of Year (12 and 13)**

For being so understanding of every student and supportive of whatever they need. Best Head of Year ever!





STUDENT  
SPOTLIGHT

## *Never Give Up*

I know that life  
Is getting you down  
And you want to smile  
But only frown.  
Look up, not down,  
For God is there.  
Ready to listen  
And answer your prayer.  
The time and place  
Are His to decide.  
You must believe  
In all you confide.  
The pain may come  
And the tears may flow.  
But never give up  
And you will know..  
God loves you more  
Than words can say.  
He loves your heart  
And soul each day.  
He'll never leave.  
He's your "Best Friend".  
His arms will protect  
You to the end.

*Maryam N / Y7*



# EVERY DAY WONDERS HOW AI IS INGRAINED IN OUR LIVES.

JASDEEP AND  
JAPLEEN|Y7

Before we begin the article, we need to establish, what even is A.I?

AI is a program that is filled with lots of different machines that have knowledge beyond human comprehension. AI is able to process colossal amounts of data in such ways that are incapable for humans to perform.

The vast majority of our world's population believe that Artificial Intelligence will impact our environment and communities negatively. However, there are many things that AI could be practical for.

One of the many complimentary abilities AI can pursue, is that doctors of many kinds, can make profits off A.I by using its algorithm and statistics to diagnose diseases of any kind sufficiently saving them lots of time!

Another ability of AI that could benefit our future and societies is decision making. With A.I our options are endless, we would have many different approaches and would never have to feel that we are limited with what we can do. A.I can help fix our grammar, punctuation, spelling and vocabulary which can help us push past our greatest dreams!

Artificial Intelligence has tools that our human species could not dare to imagine. AI is able to work 24/7 without any interruptions or breaks which is an advantage for us. It never goes to sleep! AI is able to respond to any command at an abnormal speed and at any given time.

A.I even helped us write some articles in this edition of the Herald. If you can guess which one, write us an email [herald@tcolc.aspirelp.uk](mailto:herald@tcolc.aspirelp.uk)

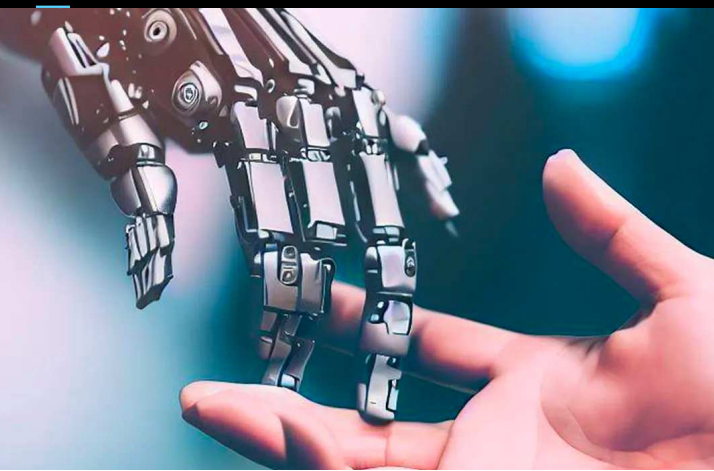
Do we use AI in our lives already?

AI is already deeply ingrained in our daily lives, enhancing various aspects and making tasks more efficient. Two examples that we are going to look at today are Snapchat and Google Maps:

Snapchat employs AI algorithms to power its popular augmented reality (AR) filters. These filters use facial recognition and tracking technology to overlay virtual elements onto users' faces, creating entertaining and engaging visual effects. So next time, you use those filters on snapchat, remember that has been created using AI!

AI algorithms in Google Maps analyse historical traffic data, real-time information, and user behaviour to predict and provide accurate estimates of traffic conditions. This helps users plan routes more efficiently by avoiding congested areas.

Through machine learning, Google Maps suggests places of interest, restaurants, or activities based on users' preferences, search history, and location data. Also, if you are making frequent journeys and use google maps, often before even clicking on the app, it tells you how long it would take you to get to your destination. Creepy or helpful? You decide.



# DARE TO DREAM

The true power of dreaming  
Makes the tears come viciously streaming  
Just like a lightning bolt of thunder  
Your mind suddenly begins to wonder  
What am I in a simple word?  
When my dreams turn me in to a beautiful bird  
But just because you shake up like a pocket knife  
don't dare to think dreams won't ever come to life.

Imagine if the world came crashing down  
So, you're the last one alive in town  
Yet, you keep hidden under a blanket  
Because reality saw you as a secret closet  
Everyone will begin to pretend  
That both reality and dreams can blend  
Only if you do a dangerous dare  
Which is to create our world in to a nightmare.

So would you ever dare to dream?



# RISE OF THE RUBIX

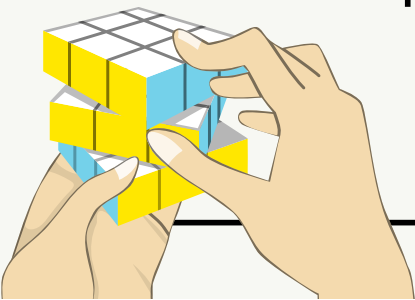
ALFIE M | Y8

**Do you solve the cube in record time? If so, get in contact with the Herald. We would love to have you on our digital news outlet.**

[herald@tcolc.aspirelp.uk](mailto:herald@tcolc.aspirelp.uk)

The Rubik's Cube, an iconic 80s children's puzzle, has recently regained popularity among today's youth, marking a contrast to the decline of pop-its. In 1974, architect Erno Rubik sought to illustrate three-dimensional movement to his students, leading to the creation of the "buvos kocka" or magic cube. Renamed the Rubik's Cube, it soared to become the world's most popular puzzle toy, with over 350 million units sold by 2018. This cube, constructed from wood, paper, rubber bands, glue, and paper clips, not only inspired countless artworks and films but also gave rise to speedcubing, a competitive sport where teenagers aim to solve it in record time.

Rubik himself, emphasizing its accidental success, asserted that he "discovered" rather than invented this enduring puzzle.







# LEGENDARY WORDSMITH

*Benjamin Zephaniah*

Benjamin Zephaniah, a name you might be familiar with especially in English. A well loved poet, writer, activist and reggae artist. Zephaniah's passing has left a mark on the Britain's literary landscape. Born in Birmingham, his poetry resonates with rhythmic rebellion and social commentary. A luminary in the spoken word and dub poetry movement, Zephaniah's verses echoed from the streets to prestigious stages, he is able to captivate audiences with their potent messages.

Yet, his influence transcends literature. As a reggae artist, playwright, and activist, Zephaniah's talents converged to enrich the tapestry of British culture. Fearlessly addressing societal issues, he became a beacon for social justice. Beyond his era, Zephaniah's legacy endures, a testament to the enduring power of words to kindle change and etch a legendary presence in the heart of Britain.

"THE FIRST POET WHOSE NAME I COULD REMEMBER"  
THE GUARDIAN (DEC 23)

THE BEST THAT BIRMINGHAM HAD TO OFFER  
THE GUARDIAN (DEC 23)

"I'VE SINCE LOVED EVERYTHING HE DOES AND  
SAYS AND BELIEVE HIM TO BE A PIONEER IN ART,  
EDUCATION AND SOCIAL CHANGE."  
THE GUARDIAN (DEC 23)

"BENJAMIN WAS A TRULY GIFTED AND  
BEAUTIFUL HUMAN BEING – A GENERATIONAL  
POET, WRITER, MUSICIAN AND ACTIVIST. A  
PROUD BRUMMIE AND A PEAKY BLINDER."  
CILLIAN MURPHY

# A SPECIAL THANKS

A HUGE WELL DONE TO ALL THE STUDENTS AT THE CITY OF LEICESTER COLLEGE WHO HAVE WRITTEN AN ARTICLE FOR THE CITY HERALD. THE NEWSPAPER IS RUN BY THE STUDENTS FOR THE STUDENTS. SO REMEMBER IF THERE'S SOMETHING YOU WANT TO SEE OR READ GET IN CONTACT WITH US

**HERALD@TCOLC.ASPIRELP.UK**

## **STUDENTS**

PARMPREET M | Y12

DEV S | Y12

BENAN M | Y12

TEGHVIR S | Y11

ALIFE M | Y8

KHADIJA K | Y8

ARCHIE K | Y8

LUCA H | Y8

JAPLEEN K | Y7

JASDEEP K | Y7

MARYAM N | Y7

ALAYNA I | Y7

## **TEACHERS**

MS HAMMONDS

MR AUSTIN

MISS KHAN

MISS PATEL



# THE CITY HERALD

G17 WEDNESDAY 3:20-4:00

# RECRUITING NOW



**G17 TUESDAY**

**3:20-4:00**

**IF YOU WOULD LIKE TO  
WRITE FOR THE CITY  
HERALD, GET IN TOUCH  
WITH MISS MIRZA**

**[mmirza@tcolc.aspirelp.uk](mailto:mmirza@tcolc.aspirelp.uk)  
or [herald@tcolc.aspirelp.uk](mailto:herald@tcolc.aspirelp.uk)**

