

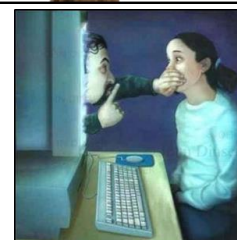
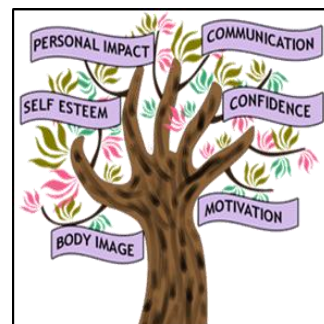
KS3 PSHE

Course Outline for Key Stage 3

Students are encouraged to be thoughtful, reflective and analytical as they explore current social and political issues that will impact them as citizens of the world. They are encouraged to explore these issues through speech, movement and debate.

Statutory requirements:

Section 2.5 of the national curriculum states that all state schools 'should make provision for personal, social, health and economic education. In addition to this the Department for Education states pupils should receive drug education, financial education, Relationship Health and Sex Education (RHSE) and stress the importance of physical activity and diet for a healthy lifestyle'



	Year 7	Year 8	Year 9
Autumn 1	Me Myself and I (Identity, Emotional health)	Mental Health (Resilience, self harm and eating disorders)	British values (Values and social class)
Autumn 2	Democracy (Rights and responsibilities)	Knife Crime (Youth and knife crime)	RHSE (Abuse, sexting and consent)
Spring 1	Careers (Skills and qualities)	Staying Safe (Abuse & Grooming)	Careers (Options process)
Spring 2	Health and Wellbeing (Healthy eating and hygiene)	RHSE (Conception and contraception)	Internet Safety (addiction, and online risks)
Summer 1	RHSE (Relationships, puberty & FGM)	Careers (skills and job families)	Study Skills (Revision tools and memory retention)
Summer 2	Community (Charity and Fairtrade)	Drugs Awareness (Cannabis & Smoking)	Drugs Awareness (Cannabis vs Energy drinks)
Additional Opportunities	Student council elections (Oct 2021)	Chelsea's story	Careers Fair (Feb 2022)
	Community event (July 2022)		Warning Zone (spring term)

Assessment and feedback:

Students receive 1 hour per week of PSHE education provided by a dedicated team. There is no exam or assessments in PSHE the focus is around developing individuals to be confident, well - informed, responsible citizens.

Point of contact:

Mrs L Jones - Head of Department - ljones454@tcolc.aspirelp.uk

