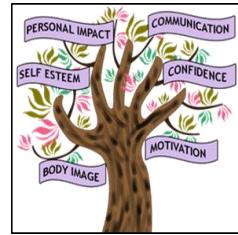


# KS3 PSHE

## Course Outline for Key Stage 3

Students are encouraged to be thoughtful, reflective and analytical as they explore current social and political issues that will impact them as citizens of the world. They are encouraged to explore these issues through speech, movement and debate.



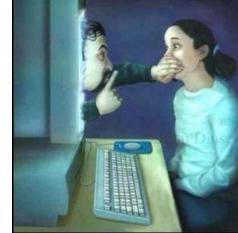
## Programme of study

We map our curriculum in accordance with the guidance from the PSHE Association ensuring that students have a breadth and depth of knowledge that falls within the 3 core themes as outlined in the guidance. The core themes are ;

Theme 1: Health and wellbeing

Theme 2: Relationships

Theme 3: Living in the wider world



We as a college have added a 4th core theme of careers to illustrate the importance and value we place on equipping our students for their future professional lives.

	Year 7	Year 8	Year 9
Term 1.1	Personal Wellbeing (Healthy eating and hygiene)	Crime and the Law (Youth and knife crime)	Drugs Awareness (Cannabis & energy drinks)
Term 1.2	Democracy & Discrimination (Politics and equality)	Staying safe (Abuse & grooming)	RSE (Abuse, sexting & consent)
Term 2.1	Managing emotions (Identity and emotional health)	Mental Health (Resilience, self harm & eating disorders)	Careers (Option process)
Term 2.2	Careers (Skills and qualities)	RSE (Conception & contraception)	Careers (until 7 <sup>th</sup> March) Internet dangers (Addiction & online risks)
Term 3.1	Community (Charity and Fairtrade)	Drugs awareness (Cannabis & vaping)	British Values (Values & the Empire)
Term 3.2	RSE (Relationships, puberty & FGM)	Careers (Skills and qualities – Pt2)	Study Skills (Revision tools & memory retention)

## Assessment and feedback:

Students receive 1 hour per week of PSHE education provided by a dedicated team.

Students are assessed on the depth of their knowledge in lessons with the focus around developing individuals to be confident, well - informed, responsible citizens.

## Point of contact:

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