

PSHE OVERVIEW 2025-2026

Theme 1: Health and Wellbeing	Theme 2: Relationships	Theme 3: Living in the wider world	Careers
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	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1.1 (8 weeks)	Personal Wellbeing (9)	Crime and the Law (7)	Drugs Awareness	Drugs Education (7)	County Lines
Term 1.2 (8 weeks)	Democracy & Discrimination (7)	Staying safe (7)	RSE (8)	RSE (8)	PS16
Term 2.1 (6 weeks)	Managing emotions (6)	Mental Health (6)	Careers (8)	Gender in the media (6)	RSE (6)
Term 2.2 (5 weeks)	Careers (5)	Drugs awareness (4)	Careers (until 7 th March) Internet dangers (3)	Work Experience Prep	Subject Masterclasses
Term 3.1 (6 weeks)	Careers (2) Community (3)	RSE (6)	Internet dangers (4)	Mental Health	Revision
Term 3.2 (6 weeks)	RSE (6)	Careers (6)	Study Skills (5)	Radicalisation (6)	