

PSHE OVERVIEW 2025-2026

Theme 1: Health and Wellbeing

Theme 2: Relationships

Theme 3: Living in the wider world

Careers

	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1.1 (8 weeks)	Personal Wellbeing (9)	Crime and the Law (7)	Drugs Awareness	Drugs Education (7)	County Lines
Term 1.2 (8 weeks)	Democracy & Discrimination (7)	Staying safe (7)	RSE (8)	RSE (8)	PS16
Term 2.1 (6 weeks)	Managing emotions (6)	Mental Health (6)	Careers (8)	Gender in the media (6)	RSE (6)
Term 2.2 (5 weeks)	Careers (5)	Drugs awareness (4)	Careers (until 7 th March)	Work Experience Prep	Subject Masterclasses
			Internet dangers (3)		
Term 3.1 (6 weeks)	Careers (2)	RSE (6)	Internet dangers (4)	Mental Health	Revision
	Community (3)				
Term 3.2 (6 weeks)	RSE (6)	Careers (6)	Study Skills (5)	Radicalisation (6)	