



THE CITY OF
LEICESTER
COLLEGE

Key Stage 4 Options Process 2026

Headteacher Presentation

Key Stage 4 Options Timeline

Tutor Activities

Tutor Time

PSHE

Options Events

Options Assemblies

Parent/Options Evening – 26th February

Options Interviews and Choices

Interviews – 9th – 13th March

Options Form Deadline – 13th March



Key Stage 4 Options – Three Elements

Core Subjects

- English
- Maths
- Double Award Science
- R.E.
- PSHE
- Core P.E.

EBacc Subjects

- French
- Spanish
- History
- Geography
- Separate Sciences
- Computer Science

Options Subjects

- Choose 4 subjects in preference order.
- Study 2 or them.

Page 4 of the
Options booklet.



How do I help my child make good choices?

Remember that it is their choice and you are there to help them.

- You are there to ask questions
- You are there to give opinions based on your experience
- You are there to help them research careers if they need it
- You are there to listen to your child and help them secure their thinking
- You are there to challenge their decisions to make sure they are thinking clearly and basing their decisions on knowledge.

Students will do better in the subjects they enjoy and can see the value of.

Use the options booklet, February school report and internet searches to look for careers or course information.



Where to begin if your child has a clear career in mind?

The end and work backwards

- What does your child want to be?
- What *sort* of career are they interested in?
- What qualifications do they need?
- What GCSE grades and what subjects do they need to study?
- What is their long term plan?
- Do they need specific qualifications of just the best grades possible?



For Example: *“I want to be a midwife”*

- An internet search of what qualifications brings this up:
“Training to be a midwife involves studying for a degree in midwifery.”
- A further search about where offers that degree in Leicester tells me that DMU offer a midwifery degree. Their website is VERY helpful.
- They offer contact details if you have questions and also open day dates if you want to look around.
- They also tell you the entry requirements.
- This is the same for all courses.



Entry criteria



**DE MONTFORT
UNIVERSITY
LEICESTER**



GCSEs

- Five GCSEs at grade C/4 or above including: English, Maths and Science. At least two GCSEs at grade B/7 or above are required

Plus one of the following:

A Level

- A minimum of 120 points from a maximum of three A levels, including at least one of the following subjects at grade B or above: Health and Social Care, Biology, Sports Science, Chemistry, Physics, Psychology or Sociology (General Studies is not accepted)

BTEC

- BTEC National Diploma - BTEC in Health and Social Care or Applied Science at Distinction/Distinction/Merit
- BTEC Extended Diploma - BTEC in Health and Social Care or Applied Science at Distinction/Distinction/Merit

International Baccalaureate

- 28+ including at least one of Biology, Chemistry, Physics or Psychology at higher level

Access course

- AHE (Nursing and Midwifery)
- AHE (Science)
- AHE (Health Professions)

Pass in the QAA Science or Health Professions or Nursing and Midwifery Access to HE, with at least 24 level 3 credits in Human Biology (or General Science; Chemistry; Physics) of which 18 must be at distinction. Five GCSEs at Grade C/4 or above, including: English, Maths and Science are required as separate qualifications. At least two GCSEs at grade B/7 or above are required.

Interview required: Yes. Interviews will take place at De Montfort University; these will include numeracy and literacy tests. Professional conduct during the event will also contribute to the decision making regarding an applicant's application.

The recruitment process for this course includes assessing applicants by the content of their personal statement and interview for the core values of the NHS constitution.

Work experience: Yes, minimum of 6 months.

Evidence of study in the last five years is required.

Please note that we do not accept childcare qualifications for midwifery.

Personal statement selection criteria

- Clear communication skills, including good grammar and spelling
- Information relevant to the course applied for
- Interest in the course demonstrated with explanation and evidence
- If relevant for the course - work and life experience
- Evidence of relevant reading
- Commitment for academic study and the demands of the programme
- Capacity to take responsibility and participate in teamwork

English language requirements:

If English is not your first language an IELTS score of 7 overall when you start the course is essential, with a 7.0 in all components except writing which should be at least 6.5. English language tuition, delivered by our British Council accredited **Centre for English Language Learning** (CELL), is available both before and during the course.

Please visit dmu.ac.uk/international for more information.

Your child may say: “I don’t know exactly what career I want to do, but I have some ideas.”

unifrog

**You could use their unifrog
log in to find more
information.**



“I don’t know exactly what career I want to do, but I have some ideas.”



National Careers Service

We provide careers information, advice and guidance. We can help you to make decisions on learning, training and work at all stages in your career.

This service is available to people who live in England.

Get personalised careers advice and information

Show advice for [See suggestions >](#)

Skills assessment

Learn more about your skills and match them to potential new careers.

[Assess your skills](#)

Explore careers

Choose from over 800 career profiles to discover what a job involves.

[Search job profiles](#)

Find a course

Look for learning and training opportunities local to you.

[Look for courses](#)

Or you could look on the National Careers Service website.



Where to begin if your child has no clear career in mind?

Start at the start and try to get the best grades possible:

- What subjects do they have the highest performance grades best in?
- What subjects are they predicted the highest predicted grades in?
- Is there a course being offered that is new, but suits the way they work?
- Is there a course that they think they MIGHT want to take further?



School Report – February 2026

Subject	Performance 1 (Dec)	Performance 2 (Feb)	Predicted Grade 2 (Feb)	Performance 3 (Jun)
Design and Technology	Active	Active	5	
Drama	Ambitious	Ambitious	5	
English	Ambitious	Active	5	
French / Spanish	Active	Ambitious	6	
Geography	Active	Active	6	
History	Active	Active	6	
ICT	Passive	Active	4	
Mathematics	Active	Active	7	
Music	Active	Passive	5	
Performing Art	Passive	Passive	4	
Physical Education	Active	Active		
PSHE	Active	Active		
Religious Studies	Active	Passive	5	
Science	Active	Ambitious	5	

Use the school report carefully to make sure your child is making informed decisions.

Students who are active or ambitious in a subject are likely to perform better in Year 11 than the predicted grade, so look at both the predicted grade AND the performance grade.





TCOLC KS4 Curriculum Offer 1

Student name:

Form:

Make sure your child has filled in and both of you have signed the options form before their interview.

Element 1 – CORE All students will study these	Element 2 – EBACC Must choose at least ONE from here <i>Choice 1 needs to be in this column</i>	Student Choice	Staff Agree	Element 3 – OPEN May choose up to TWO from here	Student Choice	Staff Agree
English Language	Computer Science			Fine Art		
English Literature	French	2		Business		
Maths	Geography	4		Drama	3	
Science	History	5		Economics		
RS	Separate Sciences*	1		Film Studies		
PE	Spanish			Food Prep. & Nutrition		
PSHE				Health & Social Care		
				Creative iMedia		
				Performing Arts Dance		
				Music Practice		
				Sport Studies		
				Product Design		
				Sociology		
				Textiles		
				Prince's Trust		

**must be predicted at least a grade 6 in science*

I can confirm I am confident in the suitability of the option choices as indicated above and recommend these courses.

Parent/carer signature:

X

Student signature:

X

Interviewer signature:

Helping students make the right choices:

- **OPPORTUNITIES:** Options booklet, teachers, careers advisor, research...
- **DISCUSS:** What are their opinions? What are your opinions? What questions do they have that you might be able to help answer?
- **FACTS:** Make sure they are basing choices on facts, not *assumptions*.
- **SUBJECT:** Base the decision on the work, not friends or teachers.
- **JUSTIFY:** Make sure they have a good reason for every choice they make.



At Parents/Options Evening

**Please make full use of all the information available.
Staff and students are very keen speak with you!**

- What will be studied in the subject?
- How will the subject be assessed?
- What sort of qualities or skills are needed?
- What college courses will be available?
- What careers might be available?



