



## FICTION BOOKS

***Booked, The Crossover and Rebound* by Kwame Alexander**  
Novels written in verse (like poetry but not usually rhyming) that have football and basketball as important aspects of the protagonist's life. All titles are action-packed, emotive and fast to read.

***Kick* by Mitch Johnson**

*Budi's going to play for the greatest team on earth, instead of sweating over each stitch he sews, each football boot he makes. But one unlucky kick brings Budi's world crashing down.*

***Ghost* by Jason Reynolds**

A boy from a rough background is given a chance to turn his life around when the coach from his local running club recognises his obvious talent.

***Bowl Like the Devil* by Bob Cattell**

Cricket-mad Tyrone is overjoyed when a mysterious stranger shows him how to bowl better than he ever has before. But what price will he have to pay for his new skills?

***Rugby Academy* by Tom Palmer**

Separated by war, Woody, fueled by his love for football, adjusts to life at a boarding school. In the void left by his pilot dad's deployment, he immerses himself in rugby, navigating a new path with resilience and determination.

## NON-FICTION BOOKS

***Incredible Sporting Champions* by Georgia Bradshaw**

*Incredible Sporting Champions* by Georgia Amson-Bradshaw features biographies of women from various eras who have excelled in the field of sports, showcasing their remarkable achievements in sports history.

***Rugby* by Dorling Kindersley**

This exciting introduction to rugby helps kids get to grips with the rules of the game, learn rugby skills, and stock up on rugby world records.

***Football School Series* by Alex Bellos and Ben Lyttleton**

A humorous look at the sport of football and how it influences world culture. There are 3 seasons in the series plus a Star Players title with biographies of 50 influential male and female football heroes.

***Cricket* by Clive Gifford**

A Step-by-Step Cricket Guide that provides a comprehensive approach to mastering cricket - from fundamental drills to in-depth rules.

***Gymnastics* by Paul Mason**

Comprehensive guide to gymnastics containing everything you need to know to participate in the sport, including sections about trampolining.

## ONLINE ARTICLES AND MAGAZINES

[My Sports Science Blog](#)

[UK Sports Athlete Blog](#)

[Journal of Sports Science and Medicine](#)

[Journal of Human Sports and Exercise](#)

[AQA PE Vocabulary List](#)



## PODCASTS AND MEDIA

[BBC Stumped Cricket Podcast](#)

[The Effortless Swimming Podcast](#)

[The Tennis Podcast](#)

[BBC Don't Tell Me the Score Podcast](#)

[Youth Sports Podcast](#)



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### ***Run Rebel* by Manjeet Mann (Verse)**

Amber finds solace in running, escaping her stifling home. Her father expects conformity, but running becomes her silent rebellion against an arranged marriage fate like her sister Ruby's.

### ***Moneyball* by Michael Lewis**

Michael Lewis chronicles the Oakland A's, led by visionary GM Billy Beane, and a band of amateur baseball theorists pursuing unconventional insights to challenge established wisdom in baseball.

### ***Gold* by Chris Cleave**

Zoe Castle embarks on a path to become Olympic cycling champion. The story focuses on the friendship and rivalry between two women and the effects that come from the choices they make and the events that they cannot prevent.

### ***The Boxer* by Niklesh Shukla**

Amidst isolation in a new city, seventeen-year-old Sunny turns to boxing after a racist attack. Told over ten rounds of his first fight, this story captures his journey to empowerment and connection.

### ***The Weight of Water* by Sarah Crossan (Verse)**

Life is lonely for Kasienka. She misses her old home in Poland and at her new English school friends are scarce.. Through swimming and finding an adult she can confide in, Kasienka comes to terms with her depression.

## NON-FICTION BOOKS

### ***Shut Out* by Howard Bryant**

The compelling story of Boston's racial divide viewed through the lens of one of the city's greatest institutions - its baseball team, and told from the perspective of Boston native Howard Bryant.

### ***Playing the Enemy* by John Carlin**

"Playing the Enemy" recounts the remarkable tale of how a sport, once exclusive to South Africa's Afrikaans-speaking minority, became a unifying force in the newly formed rainbow nation.

### ***Sports Media History* by Routeledge**

This research collection explores the ongoing interaction between sports, media, and society throughout important periods in history, from the nineteenth century to the present day.

### ***Ali: A Life* by Jonathan Eig**

The most comprehensive and definitive biography of Muhammad Ali that has ever been published, based on more than 500 interviews with those who knew him best.

### ***Mindset* by Jackie Reardon and Hans Dekker**

Mindset describes a new way of thinking in sport. A useful guide for anyone engaged in sports.

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## PODCASTS AND MEDIA

[The Analyst: Inside Cricket Podcast](#)

[The Athletic: Football Podcast](#)

[England Athletes Podcast](#)

[BBC Rugby Union Podcast](#)

[BBC LGBT Sports Podcast](#)