



Yr11 – 12 Transition Activities  
Subject: BTEC Health & Social Care



THE CITY OF LEICESTER COLLEGE

# Bridging the Gap

## Preparation for Health and Social Care: Level 3 Student Booklet



You are about to begin the transition work for the Level 3 BTEC National Extended Certificate in Health and Social Care.

During year 12, you will complete one exam-based unit 2 and one coursework based unit 5. This transition work seeks to prepare you for the key skills and knowledge needed for this course.

The project is split into 2 parts:

1. Unit 2: Working in Health and Social Care
2. Unit 5: Meeting Individual Care and Support Needs

You will complete your work within this document. If you have any trouble, please create a copy of this document and send it to me via email once it is complete.

If you need any support with this, please email me: [lpatel@tcolc.aspirelp.uk](mailto:lpatel@tcolc.aspirelp.uk)

## Part 1

## Unit 2: Working in Health and Social Care

Students will cover the roles and responsibilities of health and social care (H&SC) practitioners.

You will just be focusing on content covered in **Learning Aim A: The roles and responsibilities of people who work in health and social care settings**

### a. Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Multi-disciplinary team	
Preventative care	
Consultant	
Health screening	
Antenatal care	
Postnatal care	
Autonomy	
Policies	
Procedures	
Safeguarding	
Self-help groups	
Rehabilitation	
Psychotherapy	
Complementary therapies	
Conventional medical treatment	
Assistive technology	
Domiciliary care	
Vulnerability	

Kosher	
Gluten	
Informal care	
Code of practice	
Anti-discriminatory practice	
Prejudice	
Empowerment	
Individualised care	
Self esteem	
Multicultural society	
Advocate	

b. Task: Using NHS Careers, research the entry requirements, salary and the main responsibilities for each of these roles. Summarise at least four roles and responsibilities each career has.

<https://www.healthcareers.nhs.uk/explore-roles/explore-roles>

Occupational Health Therapist	
Entry requirements	
Salary range	
Roles and responsibilities	

Care Assistant	
Entry requirements	
Salary range	
Roles and responsibilities	

Health Care Assistant	
Entry requirements	
Salary range	
Roles and responsibilities	

Midwife	
Entry requirements	
Salary range	
Roles and responsibilities	

**c. Watch this documentary: Caring and Sharing**

<https://www.bbc.co.uk/iplayer/episode/p06zhfvw/the-nine-to-five-with-stacey-dooley-series-1-2-caring-and-sharing>

Review/synopsis: Write a short summary about the documentary. How did the students get on at the care home? What did their roles include? What roles/responsibilities seemed challenging? Which parts of the work were enjoyable? How might they have worked as a team? Explain what was thought-provoking about it. How did it make you feel?

Teacher Feedback	
WWW:	
EBI Closing the gap:	
Student comment:	

## Part 2

### Unit 5: Meeting Individual Care and Support Needs

#### a. Task: Ethical Decision Making – Research and answer the following questions

1. What is ethical decision-making?
2. What is meant by an ethical dilemma?
3. Read the following ethical dilemma and consider, what would you do?

Imagine this: one of your patients was diagnosed with stage IV cancer, and the doctors have concluded that this is the end for them. All the medics can offer at that stage is medication to ease the patient's excruciating pain while they are given said medication since it makes them weak and drowsy while they want to be awake to spend their final moments with their family members plead for you as a nurse to somehow administer the medication without the patient's knowledge. What should you do?

Teacher Feedback

WWW:

EBI Closing the  
gap:

Student comment: